



Fatigue Risk Assessment

Consultancy

Fatigue is a recognised hazard in a variety of workplaces, particularly those that require their workforce to work extended hours or shift work. Where there is an identified fatigue risk there is a legislative obligation to assess and to control risks to as low as reasonably practicable.

1. Desktop Audit

Desk top audit of current (and proposed) shift systems and procedures to ensure compliance with legislative requirements, codes of practice and/or guidelines in relation to risk minimisation.

2. Inform & Educate

Introductory presentation to engage fatigue review team (management representative/s, WHS committee representatives)

3. Risk Assessment Workshop

Facilitation of fatigue review workshop (including WHS committee representatives)

4. Report

Finalisation of fatigue risk review report & recommendations with presentation to management.

Risk assessment approach.

Our Fatigue Risk Assessment utilises a comprehensive risk-based approach which complies with legislative responsibilities to provide for controlling risks associated with fatigue. It is a systematic, multilayer approach to:

- Review work and non-work-related fatigue hazards
- Analyse risk
- Identify current mitigation strategies
- Develop recommendation for additional controls
- Develop a risk treatment plan, which subsequently used to guide the review of operational policy and procedures

Fatigue management risk assessment platform.

To ensure fatigue risk management processes are specified, implemented, monitored and verified against know guidance material Ethos Health has developed a Fatigue Risk Assessment platform. Organisations can use the platform to conduct their fatigue risk assessments with the support of one of our Fatigue Specialists.